

Appendix A:

Glossary and Resources

At risk of overweight: In Body Mass Index measurements, at risk of overweight is defined as a gender and age specific BMI at or above the 85th percentile and below the 95th percentile for children aged 2 to 20 years.

Baby Friendly Hospital Initiative: The Baby Friendly Hospital Initiative (BFHI) is a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF) to encourage and recognize hospitals and birthing centers that offer an optimal level of care for lactation. The BFHI assists hospitals in giving breastfeeding mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies and gives special recognition to hospitals that have done so. More information on this initiative is available online at <http://www.babyfriendlyusa.org/>.

Behavioral Risk Factor Surveillance System (BRFSS): BRFSS is a cross-sectional random-digit dial telephone survey of non-institutionalized adults aged 18 and older. This ongoing data collection effort examines the health behaviors of adults and provides national and state data for trends in obesity and related topic areas. More information is available online at <http://www.state.sd.us/doh/Stats/>.

Body Mass Index (BMI): BMI is a tool for measuring weight status in both youth and adults. BMI is the commonly accepted index for the classification of overweight and obesity in adults and is recommended to identify children and adolescents who are underweight, overweight, or at risk of overweight when compared to the same age and gender.

BMI formula:
$$\text{BMI} = \frac{\text{Weight in Pounds}}{(\text{Height in inches})^2} \times 703$$

Stated another way, BMI = body weight in pounds divided by height in inches squared multiplied by 703.

Childhood overweight: A description of children aged 2-20 with a gender and age specific BMI value equal to or greater than the 95th percentile.

Community: For the purpose of this plan, communities are defined as the municipalities, their residents, area public lands, and the nearby rural residents who identify with those municipalities of South Dakota.

Digital Dakota Network: A state-supported digital communication system that delivers high-speed data connectivity and high-quality video conferencing capabilities.

Health care provider: Physicians, physician assistants, nurse practitioners, nurses, and other allied health professionals.

Health care system: A system comprised of the organizations, institutions, and resources that are devoted to producing a health action, whether in personal health care or in public

health services, whose primary purpose is to improve the health of the general population or a specified and recognized segment of the general population. In South Dakota, the primary health care systems are Avera Health, Community Health Centers, Indian Health Service, Rapid City Regional, Sioux Valley Health System, and the Veteran's Health Administration.

Health education: The intent of comprehensive school health education is to motivate students to maintain and improve their health, prevent disease, and avoid or reduce health-related risk behaviors. It also provides students with the knowledge and skills they need to be healthy for a lifetime.

Healthy eating: A dietary pattern consistent with the Dietary Guidelines for Americans.

Macronutrients: The macronutrient groups are carbohydrates, proteins, and fats.

Minds in Motion: A program for youth in the classroom that aligns physical activities with learning objectives and content standards, allowing students to enhance learning while being physically active.

Model School Wellness Policy: In the Child Nutrition and WIC Reauthorization Act of 2004, PL 105-268, the U.S. Congress established a new requirement for all local agencies (including public and nonpublic, as well as residential child care institutions) with a federally funded National School Lunch program. The local agencies are required to develop and implement wellness policies that address nutrition and physical activity by the start of the 2006-2007 school year. In response to this requirement the South Dakota Department of Education (SDDOE) convened a work group consisting of health, physical activity, nutrition,

and education professionals representing a variety of organizations, plus students and parents, to develop a wellness policy for local agencies. The model wellness policy developed by SDDOE and approved September 20, 2005 by the South Dakota Board of Education meets the new federal requirement.

MyPyramid: MyPyramid is a food guidance system from the U.S. Department of Agriculture that provides many options to help Americans make healthy food choices and be active every day. More information on MyPyramid is available at <http://www.mypyramid.gov/>.

Nutrition education: Nutrition education should follow the current dietary guidelines from USDA and follow teaching methods recommended by nationally recognized nutrition experts such as the American Dietetic Association and Society for Nutrition Educators. Students need to receive enough nutrition education to understand the science and math of how what they eat and drink affects their health as well as enough practical, hands on, behaviorally based nutrition education to increase their consumption of healthy options.

Obesity: In Body Mass Index measurements, obesity is defined as a BMI equal to or greater than 30.0 in adults.

Overweight: In Body Mass Index measurements, overweight is defined as a BMI between 25.0 and 29.9 in adults. For children two to twenty years, overweight is defined as BMI-for-age equal to or greater than the 95th percentile.

Pediatric Nutrition Surveillance System (PedNSS): A program of the Centers for Disease Control and Prevention that collects nutritional data by using the records of infants and children, especially those participating in the South Dakota Special Supplemental Nutrition Program for Women, Infants and Children (WIC). More information is available online at <http://www.state.sd.us/doh/Stats/>.

Physical activity: Physical activity is a bodily movement of any type and may include recreational, fitness, and sport activities such as jumping rope, playing soccer, lifting weights, as well as daily activities such as walking to the store, taking the stairs, or raking the leaves.

Physical education: School physical education, taught through a well-defined curriculum by highly qualified physical education teachers, provides physical activity to all children and teaches them the skills and knowledge needed to establish and sustain an active lifestyle. Physical education teachers assess student knowledge, motor and social skills, and provide instruction in a safe, supportive environment. The National Association for Sport & Physical Education recommends that schools provide 150 minutes of physical education for elementary school children, and 225 minutes for middle and high school students every day of the week for the entire school year.

Satiety: Satiety refers to the feeling of satisfaction or “fullness” produced by the consumption of food.

Sedentary lifestyle: A lifestyle characterized by little or no physical activity.

South Dakota Breastfeeding Coalition: The Mission of the South Dakota Breastfeeding Coalition is to create a breastfeeding culture such that breastfeeding is the expected norm for all babies. The coalition accomplishes this by providing a voice, advocacy, and professional development toward improved breastfeeding outcomes for all our babies. More information is available online at <http://usd.edu/med/family/breastfeedingcoalition/>.

South Dakota School Height and Weight Report: A summary of South Dakota student height and weight data collected by the South Dakota Department of Health in cooperation with the South Dakota Department of Education. More information is available online at <http://www.state.sd.us/doh/SchoolWeight/>.

Strides to a Healthier Community: A resource developed to help South Dakota communities become healthier places to live and work. This technical assistance guide provides steps to plan and implement a program and is available online at <http://www.healthysd.gov/documents/StrideCommunity.pdf>.

Strides to a Healthier Worksite: A resource developed to assist workplaces in implementing their own wellness program. This technical assistance guide provides steps necessary to plan and establish a program and is available online at <http://www.healthysd.gov/Workplace.html>.

Turn Off the TV Night: A strategy aimed at families to encourage them to become more physically active at least one night per week as opposed to the more sedentary activities of watching television, playing video games, and recreational computer usage.

United States Breastfeeding Committee (USBC): The USBC is a collaborative partnership of organizations. The mission of the committee is to protect, promote, and support breastfeeding in the U.S. The USBC exists to assure the rightful place of breastfeeding in society. More information is available online at <http://www.usbreastfeeding.org>.

WIC: The South Dakota Special Supplemental Nutrition Program for Women, Infants and Children. It is funded by the Department of Agriculture and administered in South Dakota by the South Dakota Department of Health, the Rosebud Sioux Tribe, the Cheyenne River Sioux Tribe, and the Standing Rock Sioux Tribe. The goal of the WIC program is to promote and maintain the health and well-being of nutritionally at-risk women, infants, and young children.

www.HealthySD.gov : A website created by the South Dakota Department of Health to help all South Dakotans develop a healthy lifestyle by becoming more physically active and eating healthier foods. More information is available online at <http://www.healthysd.gov/>.

Years of Potential Life Lost (YPLL): A widely-used estimate of premature mortality, defined as the number of years of life lost among persons who die before age 75. YPLL is the sum of the differences between age 75 and the age at death for everyone who died before age 75.

Youth Risk Behavior Survey (YRBS): A questionnaire that assesses six priority health-risk behaviors among high school students: intentional and unintentional injuries; tobacco use; alcohol and other drug use; sexual behaviors that result in HIV infection; other sexually transmitted diseases and unintended pregnancy; dietary behaviors; and physical activity. The survey is conducted on a national and statewide basis. More information is available online at <http://doe.sd.gov/oess/schoolhealth/yrbs/2003.asp>.

Appendix B:

References

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Appendix C:

Objectives and Partners Table

Parents and Caregivers

Objective	Key Partners	Lead Partners
<p><u>Objective 1.1:</u> By 2010, increase to 40% the proportion of children ages 2 – 18 who consume five or more servings of fruit and vegetables per day.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Child Adult Nutrition Services-DOE ◆ Child Care Services-DSS ◆ Coordinated School Health-DOE/DOH ◆ Diabetes-DOH ◆ Girl Scouts ◆ Nutrition and Physical Activity Program-DOH ◆ Nutrition Council ◆ SD Comprehensive Cancer Control ◆ SD Dietetics Association ◆ SDSU Cooperative Extension ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System

Objective	Key Partners	Lead Partners
<p><u>Objective 1.2:</u> By 2010, reduce the proportion of pre-school children, school age children and adolescents who are at risk of overweight or overweight.</p>	<ul style="list-style-type: none"> ◆ American Heart Association ◆ Child Adult Nutrition Services-DOE ◆ Child Care Services-DSS ◆ Coordinated School Health-DOE/DOH ◆ Diabetes-DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Maternal Child Health-DOH ◆ Nutrition and Physical Activity Program-DOH ◆ Nutrition Council ◆ SD Action For Healthy Kids ◆ SD Dietetics Association ◆ SD Parks and Recreation Association ◆ SD State Medical Association ◆ SD State Parks-GFP ◆ SDSU Cooperative Extension ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System
<p><u>Objective 1.3:</u> By 2008, increase by 15% the proportion of early childhood programs that adopt a physical activity program policy for children.</p>	<ul style="list-style-type: none"> ◆ Child Care Services-DSS ◆ Indian Health Service ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Child Care Services-DSS ◆ Sioux Valley Health System

Objective	Key Partners	Lead Partners
<p><u>Objective 1.4:</u> By 2010, increase to 75% the proportion of infants who are ever breastfed.</p>	<ul style="list-style-type: none"> ◆ Indian Health Service ◆ Maternal Child Health-DOH ◆ Nutrition and Physical Activity Program-DOH ◆ SD Association of Healthcare Organizations ◆ SD Breastfeeding Coalition ◆ SD Dietetics Association ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH ◆ SD Breastfeeding Coalition ◆ Women, Infants and Children-DOH
<p><u>Objective 1.5:</u> By 2007, distribute public education materials and resources on the impact of overweight and obesity to at least 50,000 parents and caregivers.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Child Adult Nutrition Services-DOE ◆ Child Care Services-DSS ◆ Community Health Services-DOH ◆ Coordinated School Health-DOE/DOH ◆ Diabetes-DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Nutrition and Physical Activity Program-DOH ◆ Oral Health-DOH ◆ SD Dietetics Association ◆ SD Nurses Association ◆ SD Parks and Recreation Association ◆ SD State Parks-GFP ◆ SDSU Cooperative Extension ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ South Dakota State Medical Association ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Nutrition and Physical Activity Program-DOH ◆ SD Action for Healthy Kids ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System

Objective	Key Partners	Lead Partners
<p><u>Objective 1.6:</u> By 2008, distribute information regarding the importance of healthy physical activity patterns for children to at least 50,000 parents and caregivers.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Child Adult Nutrition Services-DOE ◆ Child Care Services-DSS ◆ Community Health Services-DOH ◆ Coordinated School Health-DOE/DOH ◆ Diabetes-DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Maternal Child Health-DOH Oral Health-DOH ◆ Nutrition and Physical Activity Program-DOH ◆ SD Parks and Recreation Association ◆ SD State Parks-GFP ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ South Dakota State Medical Association 	<ul style="list-style-type: none"> ◆ Child Care Services-DSS ◆ Nutrition and Physical Activity Program-DOH ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System
<p><u>Objective 1.7:</u> By 2010, increase to 50% the proportion of infants breastfed at 6 months and to 25% the proportion of infants breastfed at one year.</p>	<ul style="list-style-type: none"> ◆ Child Adult Nutrition Services-DOE ◆ Indian Health Service ◆ Maternal Child Health-DOH ◆ SD Breastfeeding Coalition ◆ SD Dietetics Association ◆ SDSU Dietetics ◆ Sioux Valley Health System ◆ US Breastfeeding ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ SD Breastfeeding Coalition

Schools and Youth Organizations

Objective	Key Partners	Lead Partners
<u>Objective 2.1:</u> By 2010, all South Dakota K-8 schools will provide 150 minutes per week of physical education and 25% of South Dakota high schools will provide 225 minutes per week of physical education.	<ul style="list-style-type: none"> ♦ Coordinated School Health-DOE/DOH ♦ SD Association for Health, Physical Education, Recreation and Dance ♦ SD Comprehensive Cancer Control ♦ Sioux Falls Growing Healthy ♦ Sioux Valley Health System 	<ul style="list-style-type: none"> ♦ American Heart Association ♦ Coordinated School Health-DOE/DOH ♦ SD Association for Health, Physical Education, Recreation and Dance
<u>Objective 2.2:</u> By 2010, establish comprehensive, sequential K-12 health education, focusing on nutrition education and physical activity in all South Dakota schools.	<ul style="list-style-type: none"> ♦ American Heart Association ♦ Child Adult Nutrition Services-DOE ♦ Coordinated School Health-DOE/DOH ♦ Indian Health Service ♦ Oral Health-DOH ♦ SD Breastfeeding Coalition ♦ SD Comprehensive Cancer Control ♦ SD Dietetics Association ♦ SDSU Dietetics ♦ Sioux Falls Growing Healthy ♦ Sioux Valley Health System ♦ USD Dietetics Program 	<ul style="list-style-type: none"> ♦ Coordinated School Health-DOE/DOH ♦ SD Association for Health, Physical Education, Recreation and Dance ♦ SD Dietetics Association ♦ SDSU Dietetics
<u>Objective 2.3:</u> By 2010, all South Dakota communities and youth organizations that serve food will adopt nutrition standards as outlined in the South Dakota Department of Education Model School Wellness Policy.	<ul style="list-style-type: none"> ♦ American Heart Association ♦ Diabetes-DOH ♦ School Nutrition Association of SD ♦ SD Action For Healthy Kids ♦ Sioux Falls Growing Healthy ♦ Sioux Valley Health System ♦ USD Dietetics Program 	<ul style="list-style-type: none"> ♦ Child Adult Nutrition Services-DOE ♦ Coordinated School Health-DOE/DOH ♦ School Nutrition Association of SD

Objective	Key Partners	Lead Partners
<p><u>Objective 2.4:</u> By 2007, develop a pilot project involving ten (10) youth organizations to increase physical activity opportunities for youth.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Child Care Services-DSS ◆ Coordinated School Health-DOE/DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Nutrition and Physical Activity Program-DOH ◆ Out of School Time-DSS ◆ SD Parks and Recreation Association ◆ SD State Parks-GFP ◆ SDSU Cooperative Extension ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Child Adult Nutrition Services-DOE
<p><u>Objective 2.5:</u> By 2007, 85% of the school districts and youth organizations in South Dakota will designate a wellness coordinator who will serve as a contact person for all nutrition and physical activity communications.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Child Adult Nutrition Services-DOE ◆ Indian Health Service ◆ Oral Health-DOH ◆ SD Dietetics Association ◆ SDSU Dietetics ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ USD Dietetics Program 	<ul style="list-style-type: none"> ◆ Coordinated School Health-DOE/DOH

Objective	Key Partners	Lead Partners
<p><u>Objective 2.6:</u> By 2006, provide all school districts and youth organizations with information on improving youth fruit and vegetable consumption.</p>	<ul style="list-style-type: none"> ◆ Boys & Girls Clubs ◆ Community Health Services-DOH ◆ Coordinated School Health-DOE/DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Maternal Child Health-DOH Oral Health-DOH ◆ Nutrition and Physical Activity Program-DOH ◆ SDSU Cooperative Extension ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Child Adult Nutrition Services-DOE
<p><u>Objective 2.7:</u> By 2007, expand and promote the HealthySD.gov website as a network for information and resources for all schools and youth organizations.</p>	<ul style="list-style-type: none"> ◆ American Heart Association ◆ Boys & Girls Clubs ◆ Child Adult Nutrition Services-DOE ◆ Child Care Services-DSS ◆ Coordinated School Health-DOE/DOH ◆ Diabetes-DOH ◆ Girl Scouts ◆ Indian Health Service ◆ Nutrition and Physical Activity Program-DOH ◆ Oral Health-DOH ◆ Out of School Time-DSS ◆ School Nutrition Association of South Dakota ◆ SD Association for Health, Physical Education, Recreation and Dance ◆ SD Parks and Recreation Association ◆ SDSU Cooperative Extension ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH

Workplace

Objective	Key Partners	Lead Partners
<p><u>Objective 3.1:</u> By 2010, establish 50 additional workplace wellness programs that support an environment for healthy eating and physical activity.</p>	<ul style="list-style-type: none"> ◆ American Cancer Society ◆ American Heart Association ◆ Avera McKennan Corporate Health Services ◆ Community Health Services-DOH ◆ Diabetes-DOH ◆ Indian Health Service ◆ Maternal Child Health-DOH Oral Health-DOH ◆ Nutrition and Physical Activity Program-DOH ◆ Rapid City Regional Hospital ◆ SD American Association of Retired People ◆ SD Breastfeeding Coalition ◆ SD Comprehensive Cancer Control ◆ SD Dietetics Association ◆ SD Municipal League ◆ SD Parks and Recreation Association ◆ SDSU Cooperative Extension ◆ SDSU Dietetics ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ◆ Avera McKennan Corporate Health Services ◆ Growing Healthy Initiative
<p><u>Objective 3.2:</u> By 2008, develop and implement a statewide data collection system to evaluate the impact of South Dakota workplace wellness programs.</p>	<ul style="list-style-type: none"> ◆ Rapid City Regional Hospital ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH

Community

Objective	Key Partners	Lead Partners
<p><u>Objective 4.1:</u> By 2010, provide documentation of 25 South Dakota communities that have evaluated their policies and environment concerning healthy eating and physical activity and the changes made to help enhance the community's wellness.</p>	<ul style="list-style-type: none"> ♦ Adult Services and Aging-DSS ♦ American Heart Association ♦ Community Health Services-DOH ♦ Diabetes-DOH ♦ Indian Health Service ♦ Maternal Child Health-DOH Oral Health-DOH ♦ Nutrition and Physical Activity Program-DOH ♦ Rapid City Park and Recreation ♦ Rapid City Regional Hospital ♦ Rural Health-DOH ♦ SD American Association of Retired People ♦ SD Breastfeeding Coalition ♦ SD Comprehensive Cancer Control ♦ SD Dietetics Association ♦ SD Municipal League ♦ SD Parks and Recreation Association ♦ SD State Parks-GFP ♦ SDSU Cooperative Extension ♦ SDSU Dietetics ♦ Sioux Falls Growing Healthy ♦ Sioux Valley Health System ♦ Women, Infants and Children-DOH 	<ul style="list-style-type: none"> ♦ Rapid City YMCA ♦ SD Parks and Recreation Association ♦ Sioux Falls Growing Healthy ♦ Statewide YMCA
<p><u>Objective 4.2:</u> By 2008, develop and implement a statewide data collection system to evaluate the nutrition and physical activity policies and environment of South Dakota communities.</p>	<ul style="list-style-type: none"> ♦ SD Parks and Recreation Association ♦ Sioux Valley Health System 	

Health Care

Objective	Key Partners	Lead Partners
<p><u>Objective 5.1:</u> By 2007, provide obesity prevention resources and tools to 90% of practicing health care providers in South Dakota.</p>	<ul style="list-style-type: none"> ◆ All Women Count-DOH ◆ Diabetes-DOH ◆ Maternal Child Health-DOH ◆ Midwest Dairy Council ◆ Nutrition and Physical Activity Program-DOH ◆ Rapid City Regional Hospital ◆ SD American Association of Retired People ◆ SD Breastfeeding Coalition ◆ SD Dietetics Association ◆ SD Foundation For Medical Care ◆ SD State Medical Association ◆ SDSU Dietetics ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ Women, Infants and Children-DOH 	
<p><u>Objective 5.2:</u> By 2010, increase by 75% the proportion of South Dakota medical, nursing, and allied health programs, where appropriate, that include core competencies in obesity prevention, assessment of weight status, and weight management in their curricula.</p>	<ul style="list-style-type: none"> ◆ Nutrition and Physical Activity Program-DOH ◆ SD Nurses Association ◆ SDSU Dietetics ◆ SDSU Nursing ◆ Sioux Valley Health System ◆ USD School of Medicine 	

Objective	Key Partners	Lead Partners
<p><u>Objective 5.3:</u> By 2010, through increased support in health care settings increase to 75% the proportion of infants ever breastfed, to 50% the proportion of infants breastfed at 6 months, and to 25% the proportion of infants breastfed at one year.</p>	<ul style="list-style-type: none"> ◆ Indian Health Service ◆ Rapid City Regional Hospital Lactation Services ◆ SD Association of Healthcare Organizations ◆ SD Breastfeeding Coalition ◆ Sioux Valley Health System 	
<p><u>Objective 5.4:</u> By 2010, decrease by 10% the proportion of South Dakotans already overweight or obese.</p>	<ul style="list-style-type: none"> ◆ All Women Count-DOH ◆ Indian Health Service ◆ Rapid City Regional Hospital ◆ SD Association of Healthcare Organizations ◆ SD Dietetics Association ◆ SDSU Dietetics ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	
<p><u>Objective 5.5:</u> By 2010, increase by 50% the proportion of health care systems in South Dakota that support and promote physical activity and healthy eating.</p>	<ul style="list-style-type: none"> ◆ American Heart Association ◆ Child Adult Nutrition Services-DOE ◆ Diabetes-DOH ◆ Indian Health Service ◆ Nutrition and Physical Activity Program-DOH ◆ Oral Health-DOH ◆ Rapid City Regional Hospital ◆ SD American Association of Retired People ◆ SD Association of Healthcare Organizations ◆ SD Dietetics Association ◆ SDSU Dietetics ◆ SDSU-Health Promotion ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System 	<ul style="list-style-type: none"> ◆ Sioux Falls Growing Healthy

Objective	Key Partners	Lead Partners
<p><u>Objective 5.6:</u> By 2007, provide four continuing education credit opportunities annually for health care providers on topics related to obesity prevention, nutrition, physical activity, or health behavior change strategies.</p>	<ul style="list-style-type: none"> ◆ Diabetes-DOH ◆ Indian Health Service ◆ Nutrition and Physical Activity Program-DOH ◆ Oral Health-DOH ◆ Rapid City Regional Hospital ◆ Rapid City Regional Hospital Lactation Services ◆ SD Association of Healthcare Organizations ◆ SD Breastfeeding Coalition ◆ SD Dietetics Association ◆ SD Foundation For Medical Care ◆ SD State Medical Association ◆ Sioux Falls Growing Healthy ◆ Sioux Valley Health System ◆ USD Dietetics Program 	<ul style="list-style-type: none"> ◆ Sioux Falls Growing Healthy

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